

Student Name _____

Date _____

Saint Elizabeth Ann Seton Award Self Reflection Sheet

Please complete the following questions with honesty and integrity. Circle the answer that best describes how you feel you are doing at school liturgies and prayer services. Your religion teacher's signature is required. His or her signature indicates that he or she agrees with your self-assessment. Your teacher may wish to discuss any part of this with you.

1. I am actively engaged at school liturgies/prayer services:
Always Most of the time Sometimes Never
2. I respond out loud when the congregation is called to pray or respond to the president.
Always Most of the time Sometimes Never
3. I join in the singing in a prayerful and meaningful way.
Always Most of the time Sometimes Never
4. I listen attentively to the Word when it is proclaimed.
Always Most of the time Sometimes Never
5. I follow along in the missal or by watching the overhead projector so I know the order of worship and when to respond.
Always Most of the time Sometimes Never
6. I enter church for our school celebrations with a positive attitude.
Always Most of the time sometimes Never
7. I actively participate when my STAR group or religion class is planning the celebration.
Always Most of the time Sometimes Never
8. I go to receive communion with reverence, with hands folded in prayer.
Always Most of the time Sometimes Never
9. I properly receive communion with a head bow and say "Amen."
Always Most of the time sometimes Never
10. I pray after receiving Communion (our prayers are strongest after receiving communion).
Always Most of the time sometimes Never
11. I enter and exit church prayerfully.
Always Most of the time Sometimes Never

Signature of STAR Teacher

Revised 4/15/10