

St. Mary Central High School

1050 Zephyr Drive
Neenah, WI 54956-1389



Co-Curricular Code of Conduct

Revised— 08/01/11; Reviewed-08/01/11

2011-2012

I. Philosophy of Co-Curricular Code

St. Mary Central Catholic School's Co-Curricular activities assist in developing the whole student: one's body, mind, spirit and character through individual self-discipline, dauntless dedication, selfless efforts, the development of innate talent and abilities, sportsmanship and teamwork.

SMC recognizes its responsibility to assist in constructive personal growth for students. This code, therefore, aims to be both challenging and supportive of each student as they strive to accomplish their high school year's goals.

A student must be enrolled as a full-time student at St. Mary Central High School in order to participate in co-curricular activities. The eligibility rules and guidelines of the WIAA or any other organization having jurisdiction will apply.

II. Objectives of St. Mary Central Co-Curricular Activities

- A. Co-curricular activities **shall be an integral part of the total high school education program** and will provide experiences not otherwise provided in the academic curriculum.
- B. Co-curricular activities **shall be available to all students.**
- C. Co-curricular competitive activity participants **shall be provided maximum participation opportunities at the entry levels** of competition.
- D. Co-curricular activities **shall provide a spiritual, healthy and challenging climate** for students to achieve personal and team excellence.
- E. Co-curricular participants, including students, parents, teachers, advisors and coaches **shall be given guidelines needed to provide and conduct their co-curricular activities** in a manner reflective of the Gospel as it is expressed in a Catholic high school setting.
- F. Participation in St. Mary Central co-curricular programs is a privilege. With this privilege comes certain responsibilities since student athletes and co-curricular participants represent St. Mary's in the classroom, in the hallways, at meets & competitions, and within the community. The Co-Curricular Code of Conduct is in effect **365 days of the year, 24 hours a day.**
- G. Co-curricular participation **shall promote the development** of the following **leadership/team skills**:

Accept responsibility for one's actions	Demonstrate honesty and fairness
Share ideas with team members	Portray a "can-do" attitude consistently
Generate enthusiasm in others	Communicate clearly with self-advocacy
Listen with understanding	Deal positively with set backs and obstacles
Lead and delegate one's peers	Weigh risks and make timely decisions
Set high expectations for self and others	Commits to a shared vision; blends in
Grow in team and school loyalty	Appreciate empathy and compassion
Be open to learning new skills	Value self-discipline and self-sacrifice
Learn to respect rules/authority	
- H. Violations of this Code will result in negative consequences and penalties for the student.
- I. Co-curricular participation shall provide an avenue for school spirit and school pride to grow within each participant and within the entire student body as well.

III. Code of Conduct Parameters and Implementation Process

Students will abide by the **Wisconsin Interscholastic Athletic Association (WIAA) Code of Conduct for Athletic Participation** and the **St. Mary Central High School Co-Curricular Code**.

This code **begins the first day a student signs the code as eligible to participate** in any of the SMC co-curricular activities available to him/her. **All students** must observe **these rules** year-round. **Athletic (Category I) violations** between seasons will be applied to the next season. Any and all consequences **imposed on students** will be cumulative **throughout his/her high school career at St. Mary Central High School**.

The **privilege of participating** in the variety of co-curricular activities is granted to those students who possess the ability, attitude, disposition, cooperative spirit, aptitude, and **desire to represent St Mary Central High School**. Consequently, SMC requires high standards and expectations in academics, citizenship, training, rules/regulations and sportsmanship.

ELIGIBILITY

These rules of eligibility are established in part by the Wisconsin Interscholastic Athletic Association (WIAA) and are supplemented with St. Mary Central High School rules.

1. Enrollment at St. Mary Central High School as a full-time student. (Academic and attendance policies will be delineated under separate headings in this code.)
2. Parent attendance at co-curricular code meeting.
3. Participants will be financially responsible for uniforms/equipment issued.
4. A current ImPACT baseline test for athletes is required every two years. (This will be scheduled and completed by the current Athletic Trainer.)
5. The following need to be completed and submitted to the activities director before a student is allowed to try out or practice:
 - a. A current physical exam (Gr. 9 & 11) or alternate year card (Gr. 10 & 12) to participate in physical co-curricular activities.
 - b. An "Emergency Medical Form" must be completed each year.
 - c. A signed student and parent "Co-Curricular Code of Conduct" / "WIAA Eligibility Form". (This is a ONE signature document.)

IV. Co-Curricular Categories

St. Mary Central High School has **three categories** of co-curricular activities in which a student may choose to participate.

A student who violates the code may serve up to three consequences, one in each Category, for a violation. Consequences for Category II and Category III must be completed with 20 school days from the time written notice of the violation is received.

Category	Description of Category	Examples of Category
I.	<u>Athletics</u> -Interscholastic involvement in activity occurs outside of regular school day and is competitive in nature. Student managers and student trainers are included.	Basketball, tennis, golf, volleyball, football, soccer, cross country, track, baseball, softball, hockey
II.	<u>Non-Athletics</u> -Involvement in activity includes public performances judged against set standards; conducted, for the most part, outside of the regular school day.	Jazz Band, Show Choir, Plays and Musicals, Forensics, Intramurals, student council, court, class offices, chess club, key club, earth club, chess club, ski club
III.	<u>Educational</u> -Activities built around core education classes.	Math club, science club, honor societies, TEC, FBLA, graduation, organizational and departmental trips, mock trial

The Principal has the discretion to place any new activity within the category it best fits.

In Category II, the priority order for serving consequences is as follows: 1) musicals/plays, 2) jazz band, 3) show choir, 4) forensics, 5) key club, 6) student council, 7) class elections, 8) court, 9) other clubs, 10) intramurals.

In Category III, all consequences are performed through community or school service hours according to the following schedule: Violation #1 = 8 hours, Violation #2 = 16 hours, Violation #3 = 24 hours and Violation #4 = complete loss of eligibility.

V. Administrators of the Code

The Activities Director and/or the Principal have sole discretion to impose disciplinary action and penalties for infractions covered under the Co-Curricular Code of Conduct.

Any other conduct contrary to Catholic Christian ideals and philosophy of SMC can be addressed apart from this code at the discretion of the school administration.

VI. Attendance at School, Practice, Games

- To participate in co-curricular activities, **students must be in school by 11:45 a.m. on the day** of the scheduled activity, unless pre-arranged and/or excused by the building principal. Students who are too ill to attend classes are too ill to perform in co-curricular activities. Exceptions to this rule include serious illness or death in the immediate family, medical or dental appointments, which cannot otherwise be avoided; and special situations for which prior approval has been obtained from the Principal.

- Coaches, directors, and advisors are to **check the absence list** each day.
- **Participants must attend all practices and activities** unless prearranged or excused by the coach/director/advisor of that activity.
- **Participants must travel with the team or group to and from contests** unless parents make personal arrangements with the staff member in charge of the activity. Students must use transportation provided by the school to travel to and from all away contests. Parents are to notify the coach/activity director one-day prior to an event if a unique situation arises in which the student is traveling by another means.
- **School disciplinary consequences take precedence over participation in all co-curricular activities until the consequence(s) that have been imposed upon the participant has been served/completed.** Participants on suspension or detention cannot practice or participate in co-curricular activities until the penalty time is served.
- **On the day of a contest the student is expected to dress in appropriate attire to and from that contest.** The coach/director/advisor will decide the appropriate attire, which must meet SMC dress code requirements.
- **Students may participate in non-school activities (i.e. club teams, outside tournaments, drama and music events) as long as they are not participating in the same sport and this activity does not interfere with the practice or game schedule of the school-sponsored team.**
- **Co-curricular participants medically excused from Physical Education on a given day may not participate in an athletic practice or game on that day.**

VII. Participation and Playing Time

- **The number of athletes/participants in an event will be determined by the coach/advisor.** Once team numbers are determined, every attempt will be made to provide equipment for each individual on the team.
- **At the Varsity level, emphasis will be placed on winning contests.** Striving to win, however, is more acceptable than winning at all costs. Winning contests will not be used as the sole criteria to determine the quality of the co-curricular program or a particular sport.
- **The coach,** once the outcome of a game or match is determined, **will make a conscientious effort to play all members of the team.** The final decision as to who or how many will participate in a particular contest will be at the discretion of the coach or advisor.

VIII. Co-Curricular Code of Conduct Expectations

- Participants in SMC co-curricular activities **are expected to refrain from profane language** and **cooperate fully** with all coaches, officials, judges and other school personnel. Students are expected to show respect for other student participants, coaches, officials and judges. Hazing, harassment or unsafe behavior will be subject to disciplinary action as designated by the activities director and/or administration.

- Students are **responsible for school equipment issued** for co-curricular participation. He/she must pay for replacement of equipment lost, stolen or destroyed through his/her own negligence. All clothing items should be laundered before being returned. Failure to return items will result in charges being levied at replacement costs.
- **All injuries must be reported** to the coach and Activities Director. Injuries of a serious nature must be reported to the licensed trainer.
- Students are **expected to dedicate the time specified for practice**. Regular attendance at practice sessions and contests is required.
- Students **must follow the rules adopted by the coach/activity director** for each co-curricular activity. Coaches and Advisors cannot extend the schools' consequences. Any code consequences a coach/advisor has in addition to the code must be defined prior to the beginning of a season/activity.
- **Participation fees are non-refundable** for students who are dropped from co-curricular participation due to disciplinary action.

IX. Academic Eligibility

Determination of "At Risk" / Ineligible Status

- **Mid quarter progress reports will determine a student's "at risk" status. The Activities Director will inform students and parents of "at risk" status following the issuance of mid-term progress reports.**
- **Ineligibility will be determined quarter or semester grades (1st Quarter, 1st Semester, 3rd Quarter, 2nd Semester)**

1. **Academic eligibility 'change of status'** will be assessed at the **first report card** of the **first quarter** of the school year. This is the first **checkpoint date**.
2. **Academic Probation: Student must maintain a minimum of a 2.0 grade point average (GPA)** at all checkpoint dates (1st Quarter, 1st Semester, 3rd Quarter, 2nd Semester) in order to participate in co-curricular activities.

Additionally, **any student who had earned an "F" or an "I"** at a checkpoint date will be ineligible to participate in co-curricular activities for 10 school days. If a student receives two "F's" he / she will be ineligible for 15 school days (WIAA Rules).

3. **Ineligibility begins on the day the Activities Director and Principal verify the grading report in the school office. The Activities Director or the Principal will make personal contact with each student prior to the end of the school day on the day that they become ineligible.** This decision is made **by the Activities Director or the Principal and is reported directly by them** to the coaches, the club moderators, the class moderators and/or the drama director depending upon the co-curricular activity that the student is participating in at the time.

A written email notification will also be provided to the student's parent/guardian. A copy of the written notification will be placed in the participant's personal file, which is held in the Guidance Office. Parent/guardian notification must also occur when the student becomes eligible again.

4. **An ineligible student must submit progress reports** for every class that he/she is currently enrolled. The student must submit those progress reports to the **Activities Director or the Principal** on the **designated review dates. This is the sole responsibility of the student involved.**
5. Students **remain ineligible in ten day increments until they meet the minimum requirement of a 2.0 grade point average and all of their grades in every class are better than an F.**
6. **Concerning an “I” grade, eligibility will begin on the day that verification** is received from an instructor stating that an (I) incomplete grade has been changed to a passing grade. (Grade Verification Form) The student shall be allowed up to **15 class days** in which to resolve the (I) incomplete grade to a passing grade. The time may be extended, if needed, with permission of the Principal.

A written notification will be provided to the student’s parent/guardian indicating that participation in co-curricular activities may resume.

7. Students with an **unexcused absence from class or study hall will be ineligible to practice, perform, participate or compete in any activity that would have been scheduled on the day of the unexcused absence.**
8. **Academic eligibility for Special Education (SPED) students** is based upon their satisfactorily meeting the requirements of their Service Plan and upon the joint decision of the building principal, the learning specialist, and the guidance counselor.
9. If a student **is ineligible at the time of tryouts for Category Two (2)** activities, the student will be allowed to try out for the co-curricular activity (upon approval of the moderators/director). The student may join the activity when academic eligibility is regained.
10. If a student is ineligible at the time of elections for **Category Two** activities the student is ineligible for election.
11. Additional Eligibility Policies:

- **Incoming freshmen** are academically eligible for a fall activity.
- **Cases of unusual or extenuating circumstances** may be appealed to the Principal.
- **Participation fees are non-refundable** for students who are dropped from any co-curricular / extra-curricular activity due to academic ineligibility.

X. Social Media

The Administration of St. Mary Central High School understands the popularity and usefulness of social media networking sites such as Twitter, Facebook, You Tube, My Space and others provided that:

- No offensive or inappropriate pictures are posted;
- No offensive or inappropriate comments are posted;
- Any information placed on the website(s) does not violate St. Mary Central High School policy, the SMC athletic/co-curricular department policy or the co-curricular code of conduct;

- Photos and/or comments posted on these sites do not depict team-related or SMC-identifiable activities (including wearing/using team uniforms or gear inappropriately).

Student-athletes and co-curricular participants must remember that they are representatives of St. Mary Central High School and are in the public eye more so than other students. Please keep the following in mind as you participate on social networking websites:

- Before participating in any online community, understand that anything posted online is available to *anyone in the world*. **Any text or photo placed online becomes the property of the site(s) and is completely out of your control the moment it is placed online - even if you limit access to your site.** Potential employers, internship supervisors, graduate programs, and scholarship committees now search these sites to screen candidates and applications.
- You should not post any information, photos or other items online that could embarrass you, your family, your team, the athletics/co-curricular departments or St. Mary Central High School. **This includes information that may be posted by others on your page.**
- Never post your home address, local address phone number(s), birth date or other personal information. You could be a target of predators.
- Student-athletes/co-curricular participants could face discipline and even dismissal for violations of team, club, department, SMC and/or WIAA policies.
- The malicious use of online social networks such as derogatory language about any member of the St. Mary Central community, demeaning statements about or threats to any third party, and incriminating photos or statements depicting hazing, sexual harassment, vandalism, stalking, underage drinking, illegal drug use or other inappropriate behavior will be subject to disciplinary action by the head coach/advisor and/or the activities director and/or the building principal.
- Any violation brought to the attention of the administration will be investigated.
- Any action that appears to be of an illegal nature will be reported to legal authorities.

XI. Hazing Policy regarding Wisconsin State Law (see also SMC student Handbook)

HAZING POLICY

Hazing at any age can be extremely harmful. Hazing at the High School levels are particularly troubling because the developmental stages of adolescence create a situation in which students are more vulnerable to peer pressure.

Hazing is defined as any action taken or any situation created intentionally to produce a mental or physical discomfort, embarrassment, harassment or ridicule. Hazing is not about "traditions" or "silly antics". It is about the abuse of power and the violation of human dignity and is a form of victimization.

Hazing activities may include, but are not limited to the following:

- Participation in morally degrading or humiliating games and activities which are not consistent with school regulations and policies.
- **HAZING may also be SUBTLE** but are still actions that are against accepted school district standards of conduct, behavior and good taste. Any activity or attitude directed towards a student which ridicules, humiliates or embarrasses will be cause for disciplinary action.

XII. Illegal Activities / Criminal Behavior

Acts prohibited by the Co-Curricular Code of Conduct include, but are not limited to, involvement in the following:

- **Criminal Behavior:** A criminal behavior violation is any action which results in a participant's arrest or formal charges being filed in a court of law. At any point that the administration has adequate and competent evidence that the student athlete / co-curricular participant participated in the offense for which he/she is charged, a school penalty may be imposed even prior to the completion of the criminal proceeding.
- **Drug abuse**, which includes the sale, possession (defined as being on person), illegal use of a controlled substance, performance enhancing substances, possession of drug paraphernalia or "huffing" inhalation of mood-altering chemicals or propellants.
- **Possession** (defined as being on person), **consumption** of any amount and/or purchase of **alcoholic beverages**.
- **Possession** (defined as being on person), **use of**, or purchase of **tobacco in any form**.
- **Inhaling or "huffing"** chemicals or propellants.
- **Attendance at a party where consumption of alcohol and /or other drug abuse is evident.** If a student doesn't accept the responsibility for leaving any location or function whenever alcoholic beverages or drugs are being used or consumed, it is a violation of the Code. (The intent of this clause is not to prevent an athlete or co-curricular participant from attending and remaining at a socially acceptable community function where adults are present, e.g. wedding receptions, community festivals, Jazz fest, Zephyrfest, etc.)
- **Attempting to purchase, sell, or obtain alcohol or other drugs for others.**

The aforementioned list is meant to elaborate on the term "acts" and should not be considered an exhaustive list of the acts, which constitutes a violation of this Co-Curricular Code of Conduct.

Any student violating Section XII of the Co-Curricular Code of Conduct will be required to participate in and follow through with all recommendations of the Activities Director and/or Principal as follows:

1. If determined by the Principal and Activities Director, an **Alcohol and Other Drug screening** will be conducted in a timely manner at a local Alcohol and Other Drug Abuse (AODA) facility. The student and family will be responsible for all financial obligations.
2. A **mandatory meeting** will be held and conducted by the Guidance Counselor with the parent(s), student, Principal and other appropriate individuals. The purpose of this meeting will be to review the results of the AODA screening and discuss recommendations and a **remediation plan for the student**.

XIII. Consequences of Violations

Terms as used in this code:

1. **Hosting:** There will be a greater consequence for a student athlete / co-curricular participant if it is determined that he/she is involved in the organization, facilitation, promotion, or hosting of a social event/gathering where illegal activities occurred.
2. **Attendance**-student is in the presence of alcohol, illegal drugs, tobacco products or drug paraphernalia, etc.
3. **Possession/use**-alcohol, illegal drugs, tobacco products or drug paraphernalia, etc. is on the person;
4. **Self-disclosure**-student takes the initiative in immediately making known his/her offense to the appropriate school authorities; suspension in this case do not include practices;
5. **Consequence**-suspension time from active participation in all co-curricular activities;
6. ***Individual Renewal Plan**-an outlined process through which student may lessen their violation's penalty by demonstrating behavioral changes and documenting and verifying positive changes in his/her behavior and lifestyle. Each plan fits the individual student and their needs and must be approved by the Co-curricular Council.

The % number on the chart below refers to the number of contests/activities a student will be penalized as a consequence for specific violations. See sample chart on page 11 for examples.

Violation No.	Attendance at...	Self – Disclosure Consequence	Non Self-Disclosure Consequence	Possession of...	Self-Disclosure	Non Self-Disclosure	*Community Service
# 1	1 contest	15 %	20%	30 %	8 hours
# 2	2 contests	30 %	40 % *	60 % *	16 hours
# 3	3 contests	45 % *	60 % *	Calendar Year *	N/A
# 4	Complete loss of eligibility for entire high school career.	Complete loss of eligibility for entire high school career.	Complete loss of eligibility for entire high school career.	Complete loss of eligibility for entire high school career.	Complete loss of eligibility for entire high school career.

*In Category I, Community Service Hours can be used to reduce game consequences by 50% for violation #1 and by 25% for violation #2. Community Service Hours cannot be used to reduce consequences for violation #3 or violation #4 unless a student is involved in an approved individual renewal plan.

In addition to the aforementioned penalties imposed on the student who chooses to violate the Co-Curricular Code of Conduct, Co-curricular advisors and coaches must adhere to the above guidelines but may also impose additional penalties if these penalties have been published to students/parents prior to participation and if these penalties do not supercede nor contradict the approved Code of Conduct.

*Individual Renewal Plan (I.R.P.)-if a SMC student reaches a serious state of violation; he/she may request an opportunity from the Activities Director/Principal for renewal and rehabilitation. The student must take the initiative in seeking a contractual agreement from the Activities Director or Principal.

The agreement outlines areas in which the student in question will demonstrate renewal and rehabilitation. The purpose of the contract is to empower the student to take responsibility for their strides in self-knowledge and to increase their responsibility for self-improvement. This opportunity sets up a fair and equitable policy that will result in maintaining a positive school atmosphere for all student athletes / co-curricular participants.

After the contract has been agreed upon and signed, the student has between 21-30 calendar days to build their case by gathering documentation and testimony to present to the Principal. The student, in the meantime, attends classes and focuses on gathering the recognition of 'good standing' by the SMC school community. (Adapted from "Getting a Second Chance" by Julia A. Davidow *Principal Leadership*, January, 2006 issue, pgs. 34-38)

XIV. Procedure for Determining Code Violations for Co-Curricular Activities

- The Activities Director or the Principal must take action based upon reasonable suspicion or probable cause. This involves asking a student if he/she did, in fact, violate the Co-Curricular Code. Needless to say, it is expected that each student is honest and forthright with the school officials. Consequences of Code violations follow the outlined plan and are dependent upon previous offenses and each violation's circumstances.
- If a violation is found to have occurred, the Activities Director, or the Principal will contact the student and his/her parents/guardian to set up a meeting to review the incident and consequences of the co-curricular disciplinary actions.
- During this review of the incident/allegations of code violation, the Principal and the Activities Director will provide a written statement which identifies the specific provision of the Co-Curricular Code of Conduct which was violated or which permits action to be taken against the student, identifies the specific incident(s) or facts which have given rise to the violation of the Code and includes an explanation of the consequences which will be imposed on the student as a result of the violation.
- Upon completion of this review meeting, the Principal and/or the Activities Director will communicate in writing to the student and parents the co-curricular disciplinary consequences that will be followed.

To Code violation witnesses:

- Any person (adult or peer) accusing a student of breaking any provision of the Co-Curricular Code of Conduct must sign a statement, which details the violation. This statement may be made available to the student, parent, and school official in charge upon request. The witness, if needed, must also be available for attendance at any subsequent conference where the violation will be discussed.

Information concerning the violations will include the following:

- Nature of the violation; place date and approximate time of the violation;
- Circumstances pertinent to the violation
- Name and signature of person reporting the violation

XV. Additional Notes

1. If a penalty cannot be completed in one season, the following will apply:
 - Each post-season contest will count as one event toward the suspension. In addition, the minimum penalty for an in-season violation of the SMC Code, which occur or are first known to have occurred after a school begins tournament competition, is immediate disqualification of the student for the remainder of the total tournament in that sport/activity.
 - A student will serve the remaining portion of the suspension, or the entire portion of the suspension, during the next sport/activity in which he/she participates. The penalty will carry over from year-to-year until the suspension has been completely fulfilled.
 - Athletes/co-curricular participants under code violation suspension for any portion of a season will not be eligible for any conference, regional, or state recognition for that season. Also, if an athlete/co-curricular participant finishes a season under suspension, he/she will be given any team awards earned, but will not be recognized at the team's award ceremony.
2. An athlete / co curricular participant serving a suspension must be on that sport/activity's roster from the beginning of the season to its conclusion. No student serving a suspension may join a sport/activity already in progress or leave a sport/activity before the end of its season and consider his/her suspension fulfilled. The Activities Director or the Principal will notify Coaches/activity directors when a suspended student is again eligible for competition.
3. Coaches/activity directors in charge of an activity have the right to judge minor violations of team policy not covered by this code and assess appropriate penalties. The Activities Director / Principal should be informed of such actions that result in suspension from competition.
4. The consequences for code violations apply to students in all school-sponsored co-curricular activities. A student will serve one consequence in each category they are involved in for a code violation.
5. Students who have been suspended for Code Violations shall retain their acquired Code status throughout their attendance at St. Mary Central High School.
6. Student(s) who **wishes to quit co-curricular** activity must adhere **to the following guidelines:**
 - a.) Contact their coach, advisor or Activities Director privately and discuss their issues/concerns.
 - b.) If it is determined that the participant is withdrawing from the co-curricular activity, there must be an exit interview with the appropriate Co-Curricular member and the student.
 - c.) All equipment, uniforms, school props and materials must be returned to the school in good condition or the cost of the materials/equipment must be paid to the school.
 - d.) The decision to withdraw from the co-curricular activity is binding for the entire academic year.

Non-compliance with these procedures results in a 20 % suspension of participation in the next co-curricular activity, which this student participates in at SMC. The Activities Director and/or Principal will have the discretion to review the above consequences and ensure a student serves appropriate consequences. The student can be brought back into the co-curricular activity at the appropriate level upon the decision of the Principal.

XVI. The Appeal Process

An appeal of any action shall be addressed at the lowest level possible. Appeal to the next level will not be considered unless the complaint has been addressed on the previous level.

Level I

Concerns shall be addressed to the Activities Director and/ or Principal as soon as possible after the written notification occurred. A meeting shall take place between the parties and an attempt made to informally resolve the situation.

Level II

If no satisfactory resolution is reached, an appeal may be made to the TCCES President. The TCCES President shall review all documentation and records of meetings. Interviews with the parties involved may be conducted. A written decision by the President shall be presented to all parties involved. The written decision of the TCCES President is final.

(TCCES Policy 5027 –TCCES/SMC Appeal Process)

Sample chart-showing examples as illustrations only; exact data for specific year varies from year to year. The % is calculated off of the exact SMC scheduled contests/activities for specific year.

Sport/Activity	Maximum Contests (WIAA)	15%	20%	30%	40%	45%	60%
Cross Country	11	2	3	4	5	5	7
Football	9	1	2	3	4	4	6
Boys' Soccer	24	4	5	8	10	11	15
Volleyball	15	3	3	5	6	7	9
Girls' Tennis	14	3	3	5	6	7	9
Boys' Basketball	20	3	4	6	8	9	12
Girls' Basketball	20	3	4	6	8	9	12
Wrestling	14	3	3	5	6	7	9
Hockey	20	3	4	6	8	9	12
Baseball	20	3	4	6	8	9	12
Golf	14	3	3	5	6	7	9
Girls' Soccer	24	4	5	8	10	11	15
Softball	20	3	4	6	8	9	12
Boys' Tennis	14	3	3	5	6	7	9
Track & Field	20	3	4	6	8	9	12
Other areas:							
Forensics	9	1	2	3	dismissal	dismissal	dismissal
Jazz Band/ShowChoir	8	1	2	3	dismissal	dismissal	dismissal
Drama	8-9	1	2	3	dismissal	dismissal	dismissal

Not actual form---sample---for your information: the student, on an individual basis, must obtain exact form from Activities Director if needed.

**St. Mary Central High School
Individual Renewal Plan *
2009-2010**

I, _____, realize that I have violated the SMC Co-curricular Code of Conduct. Therefore, I request from St. Mary Central High School Community ‘a second chance’ and would like to work toward bettering myself and improve my contributions to this school community.

I further realize that my actions affect all members of the community: my peers, my teachers, my parents and all those who think highly of this school. Therefore, I would also request that I be allowed the opportunity to prove myself to them as a ‘student in good standing’ in order to regain the privilege of participating in all SMC co-curricular activities.

I know that the co-curricular activities and athletics are privileges granted to students because they are responsible, respectful, upstanding individuals who recognize that their mission as a student is to learn.

I understand, furthermore, the St. Mary Central High School respects my privacy and that all information gathered for this contract is confidential. I am not expected to explain to any individuals other than the Review Council the terms and agreements of this contract.

In order to be recognized as a ‘student in good standing’, I, _____, will gather the required information as evidence of my commitment to learning. I, myself, will present all data collected to the Co-Curricular Council for their consideration on _____.

Signature of Student

Date

Signature of Parent(s)/Guardian(s)

Date

Signature of Activities Director

Date

Data Needed for “A Student in Good Standing” *
Report

Students are asked to use their own individual creativity and resourcefulness to present the documentation listed below. Each one must be ready to explain each piece of documentation and answer questions from the Co-curricular Council.

- **Evidence of attendance, punctuality, and observance of school rules;** the student attendance and discipline records.
- **Willingness to study and learn:** the student’s report cards or progress reports and the testimony (written) of no fewer than two teachers.
- **Participation in class:** the student’s academic record and the testimony (written) of no fewer than two teachers.
- **Respectful conduct toward authority figures:** the student’s discipline record and two letters of testimony from teachers, coaches or advisors.
- **Respectful conduct toward peers:** the student’s discipline record and two letter of testimony from SMC students.
- **Recognition of student mission:** the student’s personal statement of goals and intentions.
- **Respect for school rules and property:** twenty hours of service to the school community. (These hours may not be used toward any other service hour requirement within SMC or any required parish/Church hours.)
- **Physical and emotional wellness:** documentation that demonstrates that the student contacted his or her student assistance counselor and, in cases involving illegal substances, that **the student actively participated in a program outlined by the counselor or the counseling agency (AODA)**. If the student received private counseling, the private counselor must contact Human Services and supply the necessary documentation regarding treatment.
- **Spiritual reconciliation:** a meeting with a leader representing the faith-based community of which you are a part (i.e. pastor, any clergy person in your community, SMC Campus minister), documentation that the student sought counsel and direction from that type of person: any member of the clergy. This is confidential. A written notification signed by the church representative stating that the meeting did take place is all that is necessary for the Co-curricular Council.

*(Adaptation of model presented in “Getting a Second Chance” by Julia A. Davidow
from *Principal Leadership*, January, 2006 issue, pgs. 34-38)